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TCNJ THE COLLEGE OF
NEW JERSEY

MORRIS COUNTY

Community Health Snapshot

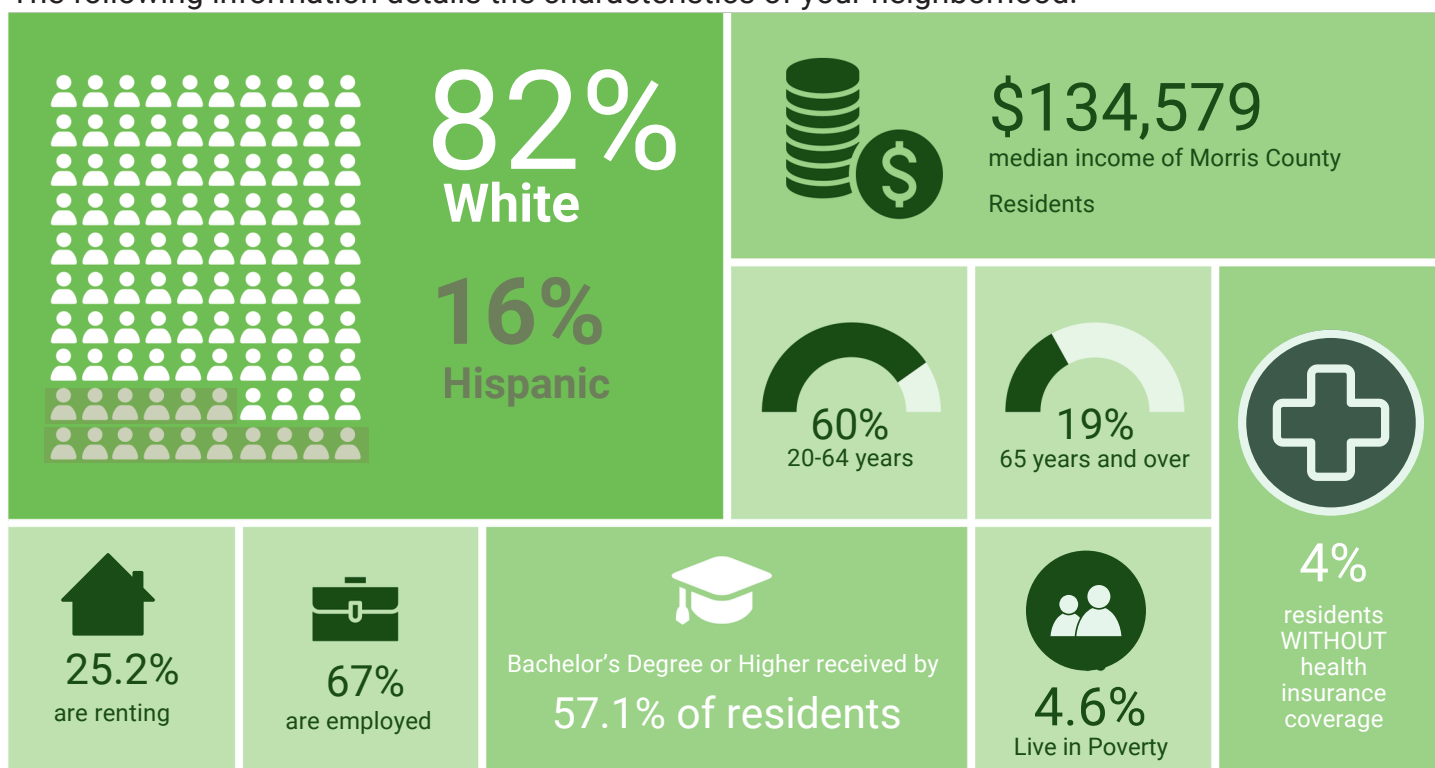
About this Assessment

A Community Health Assessment looks at local health information to find important problems, needs, and resources in an area. Hearing from community members is essential — it helps make sure the results reflect real experiences, priorities, and concerns. This information guides decisions and improves health services in ways that truly support the people who live in the community. This summary sheet highlights the Morris County Health Assessment input from residents in **Morris County**.

The full report can be found at <https://morriscountyhealth.com/cha-chip/>

About your neighbors...

The following information details the characteristics of your neighborhood.



Interested in more info about these findings? Visit <https://morriscountyhealth.com/cha-chip/>



Residents in your neighborhood said...

We surveyed 2395 adult residents in Morris County neighborhoods for this assessment. They like Morris County, but they are concerned about the challenges the community faces with access to care, mental health, general wellness, and food insecurity.

Access to Care

1



Many have a hard time getting an appointment with their doctor.

"Most of the (Medicaid) accepting doctors are very far away"

"Need more health clinics"



1 in 3

have a hard time getting an appointment with a specialist.

Mental Health

38%



think Morris County does **NOT** have good access to mental health services and care.

"It's hard to find a mental health therapist because so many people are looking for them and a lot of them aren't even taking new patients."

2

General Wellness

3



Lack of walkability in several towns.



"I would love to see more public transportation."



38%

Exercise less than 100 minutes a week.

Food Insecurity



1 in 5

said they eat 0-3 servings of fruits and vegetables during the week

4

What your neighbors want...

After hearing from your neighbors, here are some things that can help your neighborhood flourish:

- ✓ Increasing access to healthcare.
- ✓ Increasing access to Mental Health services and care.
- ✓ Increasing healthy activities in community spaces to promote fitness.
- ✓ Improving food security, and access to healthy foods.